



# M E N U

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p><b>New Year's Day</b> <b>No Sessions</b></p>	<p>2</p> <p>Chicken Nuggets Egg Barley Chef's Salad Fresh Fruit</p>	<p>3</p> <p>Tuna &amp; Egg Salad Bagels and Cream Cheese Tomato Soup Garden Salad Pears</p>	<p>4</p> <p>BBQ Chicken Spanish Rice Cucumber Salad Fresh Fruit</p>	<p>5</p> <p>Grilled Cheese Sandwiches Carrot &amp; Celery Sticks Kernel Corn Apple Sauce</p>
<p>8</p> <p>Baked Macaroni and Cheese Cottage Cheese Tossed Salad Peaches</p>	<p>9</p> <p>Sweet and Sour Meatballs Spaghetti Mixed Vegetables Pineapple</p> <p><b>5<sup>th</sup> Grade Greenkill Overnight</b></p>	<p>10</p> <p>Pizza Bagels Vegetable Soup Green Salad Mixed Fruit</p> <p><b>5<sup>th</sup> Grade Greenkill Overnight</b></p>	<p>11</p> <p>Hero Sandwiches Potato Kugel Sliced Tomatoes Pineapple</p>	<p>12</p> <p>French Toast Carrot &amp; Cucumber Sticks Kernel Corn Pears</p>
<p>15</p> <p>Fish Sticks Mashed Potatoes Garden Salad Applesauce</p> <p><b>MLK Day 3:30 Dismissal</b></p>	<p>16</p> <p>Beef Burgers on Buns French Fries Sliced Tomatoes Pineapple</p>	<p>17</p> <p>Scrambled Eggs Potato Knishes Mushroom Barley Soup Tossed Salad Chocolate Pudding</p> <p><b>Rosh Chodesh</b></p>	<p><b>WINTER VACATION - NO SESSIONS</b></p>	
<p><b>WINTER VACATION - NO SESSIONS</b></p>				
<p>29</p> <p>Baked Ziti Cottage Cheese Green Salad Mixed Fruit</p>	<p>30</p> <p>Hot Dogs Baked Beans Coleslaw Jello</p>	<p>31</p> <p>Falafel / Pita Israeli Salad Salad Bar Pears</p>	<p><b>Food for Thought</b></p> <p><b>"In the heavens above and on the earth below..." (Exodus 20:4). When it pertains to spirituality, look above you to emulate those who have achieved greater heights. When it comes to earthly possessions, cast your gaze downward, and see how much more fortunate you are than those who have less.</b></p> <p><b>-"Smiling Each Day" - Rabbi Abraham J. Twersky, M.D.</b></p>	

Whole wheat bread, soy butter, low fat milk and skim milk are served with all dairy meals. Bread and 100% juice are served with all meat meals.