



# MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>Food for Thought</b></p> <p>The <i>Midrash</i> states that to love G-d means to make Him beloved by all people. If a person behaves in a manner that demonstrates how that observance of <i>Torah</i> refines a person's character, he is glorifying G-d and making Him respected and beloved by others.</p> <p>-<i>"Smiling Each Day"</i> – Rabbi Abraham J. Twersky, M.D.</p>				<p>1</p> <p>Grilled Cheese Carrot and celery sticks Kernel corn Mixed Fruit</p>
<p>4</p> <p>Baked Ziti Cottage Cheese Garden Salad Applesauce</p>	<p>5</p> <p>Meatballs Spaghetti Mixed Vegetables Pineapple</p> <p style="text-align: center;"><b>Rosh Chodesh</b></p>	<p>6</p> <p>Pizza Bagels Tomato Soup Tossed Salad Peaches</p> <p style="text-align: center;"><b>Rosh Chodesh</b></p>	<p>7</p> <p>BBQ Chicken Rice with Mushroom Sauce Cucumber Salad Fresh Fruit</p>	<p>8</p> <p>French Toast Carrot and cucumber sticks Kernel corn Pears</p>
<p>11</p> <p>Fish Sticks Rotelle Green Salad Mixed Fruit</p>	<p>12</p> <p>Hot Dogs Baked Beans Coleslaw Jello</p>	<p>13</p> <p>Bagels and Cream Cheese Tuna and Egg Salad Vegetable Soup Garden Salad Applesauce</p>	<p>14</p> <p>Meatloaf Mashed Potatoes Green Beans Fresh Fruit</p>	<p>15</p> <p>Pancakes Carrot and celery sticks Kernel corn Peaches</p>
<p>18</p> <p style="text-align: center;"><b>Presidents' Day</b> <b>No Sessions</b></p>	<p>19</p> <p>Chicken Nuggets Egg Barley Chef's salad Pineapple</p>	<p>20</p> <p>Falafel / Pita Israeli salad Salad Bar Peaches</p>	<p>21</p> <p>Baked Chicken Spanish Rice Mixed Vegetables Fresh Fruit</p>	<p>22</p> <p>Pizza Carrot and Cucumber Sticks Kernel Corn Mixed Fruit</p>
<p>25</p> <p>Baked Macaroni &amp; Cheese Cottage Cheese Green Salad Applesauce</p>	<p>26</p> <p>Beef Burger on Bun French Fries Sliced Tomatoes Pineapple</p>	<p>27</p> <p>Scrambled Eggs Baked Potatoes Mushroom Barley Soup Tossed Salad Pears</p>	<p>28</p> <p>Hero Sandwiches Belgian Potatoes Pickles Fresh fruit</p>	

Whole wheat bread, soy butter, low fat milk and skim milk are served with all dairy meals. Bread and 100% juice are served with all meat meals.