



M E N U

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Food for Thought “In the heavens above and on the earth below...” (Exodus 20:4). When it pertains to spirituality, look above you to emulate those who have achieved greater heights. When it comes to earthly possessions, cast your gaze downward, and see how much more fortunate you are than those who have less. <i>-“Smiling Each Day” – Rabbi Abraham J. Twersky, M.D.</i></p>					1	BBQ Chicken Rice Pilaf Cucumber Salad Fresh Fruit	2	Grilled Cheese Carrot & Celery Sticks Kernel Corn Pears	
5	Baked Macaroni & Cheese Cottage Cheese Garden Salad Apple Sauce	6	Hero Sandwiches Belgian Potatoes Sliced Tomatoes Pineapple	7	Tuna and Egg Salad Baked Potatoes Tomato Soup Tossed Salad Mixed Fruit	8	Hot Dogs Baked Beans Cole Slaw Jello	9	French Toast Carrot & Cucumber Slices Kernel Corn Peaches <i>8th Grade Yachad Shabbaton</i>
12	Fish Sticks Rotelle Green Salad Pears	13	Meatballs Spaghetti Green Beans Pineapple <i>PTO MEETING 8:30 PM</i>	14	Pizza Bagels Vegetable Soup Garden Salad Applesauce	15	Baked Chicken Rice with Mushroom Sauce Mixed Vegetables Fresh Fruit <i>Rosh Chodesh</i>	16	Pancakes Carrot & Cucumber Sticks Kernel Corn Mixed Fruit <i>Rosh Chodesh</i>
19	<p>NO SESSIONS PRESIDENTS DAY</p>	20	Chicken Nuggets Egg Barley Chef’s Salad Pineapple	21	Fresh Fish Fillet Mashed Potatoes Mushroom Barley Soup Tossed Salad Peaches	22	Chicken Chow Mein Chinese Noodles Rice Fresh Fruit	23	Pizza Carrot & Cucumber Sticks Kernel Corn Pears
26	Baked Ziti Cottage Cheese Green Salad Applesauce	27	Sloppy Joes Taco Shells Rotelle Pineapple	28	Scrambled Eggs Mashed Potatoes Garden Salad Mixed Fruit <i>Ta’anit Esther 1:30 PM Dismissal</i>				